



ENABLING QUALITY IMPROVEMENT IN PRACTICE

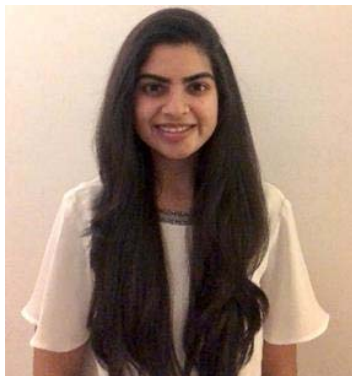
Tower Hamlets Our Latest Newsletter (07/10/2019)

Vyoma and Meera join EQUIP

Happy Friday Tower Hamlets,

We are pleased to introduce Vyoma and Meera who both joined the team this month!

Here are a few words from them:



"My name is Vyoma and this is my first week at EQUIP. I'll be working as the Quality Improvement scale programme manager within the EQUIP team.

I'm a dentist and have practiced dentistry in India for a year. Following which I came to London to do a Masters course in Healthcare Management at City, University of London.

Along with my Masters, I did an internship at Barts Health NHS Trust. I was mainly working on a quality improvement project on Health and Well-being of employees at St. Bartholomew's Hospital. This was when I actually became passionate about Quality Improvement.

I can't wait to see all you in person."



"My name is Meera Kapadia and I started two weeks ago, my role is Quality Improvement Clinical Lead (Darzi Fellow), "Joy in Work".

I am an Adult and Adolescent Psychotherapist, and I have just left my Clinical Role as CAMHS Psychotherapist in NELFT NHS Trust after 15 years.

I have also enjoyed working for Local Authority, Education and Voluntary Sectors as a Counsellor and Psychotherapist. As an Asian Psychotherapist, I provided therapy in 2 Asian languages as well as English. Race, Culture, Mental Health and Leadership are areas of special interest. To this end, I have recently graduated from the NHS Leadership Academy's Ready Now Programme.

During my time at my previous NHS Trust I was the i-THRIVE Champion; transforming CAMHS services from a tiered care model to a patient centred care model, using QI as part of a Health Foundation "Scaling up for Improvement grant (Cohort 2)". This is when I became passionate about Quality Improvement. As part of that role I trained as a QI advisor and then as a QI mentor. I mentored staff across a range of areas, as well as doing some QI teaching. I am also currently working one day a week at Newham Health Collaborative as a QI Coach consultant. As part of that I am on the ELFT QI coaching course, so have been lucky enough to meet some TH colleagues already.

I am excited about my role here, as the organisation is known for its innovation and Quality improvement work, and QI and innovation are my passions too.

I look forward to meeting all of you and learning more about your roles and organisations."

GP SUMMIT

Last but not least: don't forget to book your ticket ([link here](#)) to come and feel the **JOY**@the Joy room on the 22nd of October!!

We are hoping to see as many of you as possible for a collective joyful experience.

On this note, I wish you all a great weekend.

Clemence, on behalf of the EQUIP Team.