



ENABLING QUALITY IMPROVEMENT IN PRACTICE

# Tower Hamlets Our Latest Newsletter (08/10/2018)



## EQUIP remembers the GP Summit: That Moment When...

1. **That moment when the food was finally good!!!!!!!** OMG!!!!!!!!!!!!!!!!!!!!!! At last!! Seasoned, byriani full of grainy bite, crispy thin slices of potatoes that exploded with crunch, bhajis which held texture and flavour.... Merciful heavens it's 2018 and we have *finally nailed the food at an NHS event*

2. **That moment when we watched awesome videos that got us real about change** and put it on our radars to learn Chinese and Spanish asap, and told us why it's important to get up and dance with anyone without a shirt.

**Did You Know That In 2028  
How To Create A Movement: Shirtless Dancing Guy**



But *WHAT* is going on with Tom??

3. **Those moments when we heard stories of challenge, success and vulnerability.** Our Tiny TEDs.

- St Paul's Way Health Champions
- Whitechapel Health Centre's work around Workflow Optimisation
- Kamilla Kamaruddin, Transgender People in General Practice
- Rita Araujo's Idea Worth Spreading
- Island Health's QI Journey
- Domic Roberts and his Fruitful Journey from GP to QI Coach
- Jubilee Street's Joy In The Daily Grind
- QI Through The Eyes of Stroudley Walk
- Coaching by Example: 2018 coaches.... *plus Nadia*



4. **The moment Nipa said:** *"My name is Nipa. "I'm responsible for scanning all documents onto EMIS. QI has made an impact on me as I no longer feel invisible".*



5. **And the moment I broke down crying** when I heard that.



6. **The moment Nadia bear FLEW to A&E** and... someone who shall remain nameless dropped her! :-O

*Nadia.... Set to hit the A&E target*



7. **That moment when no-one told Sam to tuck in his shirt** before sitting in front of 200 people. *Why* does this always happen??



8. **That moment when 85% of us said we felt positive to radical change in our practices.**



9. **That moment we all thanked each other for the great job we are doing.**

*No pics here, we were all too busy being present, shaking hands and hugging.*

10. **That moment some of our leaders, more and less visible, got an award.**



There is also, of course, that moment when you **thank the best team** in the world. (Jenny just *cannot* take a picture. Trust me.)



**The moment you get home** and almost die when you see how stressed the day has made you. (And yep, that's a virtuous early swim there, peeps.)



**AND THE MOMENT WHEN THE TEAM DOES THIS.**

**SIGNIN' OUT, FOLKS.**

